

Internship Search Notebook: Framingham State Sociology and Criminology Internships, Fall 2019

This document includes students' own descriptions and assessments of their internships from Fall 2019. It includes contact information and advice to help you think about your options for internships. Please read the Internship Handbook <https://www.framingham.edu/academics/colleges/social-and-behavioral-sciences/sociology/index> for more information. For updated guidelines related to covid19 be sure to read FSU soc/crim emails and announcements from your advisor, chair, and instructors.

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<u>Internship Description</u>	
<u>Organization:</u>	Adviser Investments
<u>Contact Person:</u>	Sophie Benander, Client Service Manager
<u>Dates of Internship:</u>	December 2019
<u>Internship Schedule:</u>	Monday & Wednesday 8:30-5:00
<u>Application Process:</u>	Started off as a scanning intern, moved up slowly. Asked if I could do my school internship at AI & was offered a full-time position as a client service associate post-graduation.
<u>Daily Work:</u>	Onboarding clients, sending out and processing custodial forms, talking to clients on the phone & in person, looking at cash flows & distributions coming in and out, etc.
<u>Recommendation:</u>	I would absolutely recommend this as an internship to others. AI has a co-op program set up with Northeastern University and two people have gotten a full time job offer from their experience. The work environment is ideal, the people are kind, generous with knowledge and kindness, and I've grown with knowledge, approachability, professionalism, and overall as a person since I've worked at AI.
<u>Take Away:</u>	I've learned that success isn't just being rich. Success is making a positive difference in not just your clients lives, but your co-workers, your employees, your family, friends, etc. It's going the extra mile to ensure that people are well taken care of, and that you always give your all into whatever task it at hand. Perfection is unattainable, but I know a few people who are pretty dang close. The way that advisors at AI work with their clients, and put their needs first, and would do anything to ensure their happiness is truly baffling. The client always comes first, but so do you. I've learned that balance is a real thing, and without it, you will go insane. I think that every day I'm able to take something away from AI, and that's an incredible feeling.
<u>Tips for Success:</u>	Work hard, stay organized, prioritize tasks, and be outgoing. Say hi to people. Ask people about their weekend or their kids or their dogs, and really build relationships with people. It's incredible to be able to make relationships with people, especially good ones!
<u>Comments:</u>	I highly recommend this job to someone who has a Marketing, Finance, Business, Human Resources, or Accounting major. However, the client service internship that I just went through doesn't necessarily need to be in any one of those. I learned that as long as you're not going to school to be a doctor or a lawyer, you can essentially learn any job position. And that's what I did!

<u>Internship Description</u>	
<u>Organization:</u>	BayCove Human Services
<u>Contact Person:</u>	Chima Andalcio
<u>Dates of Internship:</u>	September 2017-December 2017
<u>Internship Schedule:</u>	Tuesdays 8 AM- 7 PM, Fridays 8 AM-12 PM
<u>Application Process:</u>	I learned about the internship through Google. I was looking for something in the Boston area and I came across BayCove. They didn't have any intern applications, so I contacted the director for one of their programs directly. I sent her my resume and why I wanted the internship in an e-mail. If students are looking for an internship at BayCove I would suggest finding the director of the program they want to apply to and e-mailing them to see if any positions are available.
<u>Daily Work:</u>	The first thing I do at my internship is log the times that everyone comes in so that they can be charged properly for how long they are at the program. I then organize activities for the day along with my co-workers while the clients do leisure. From 10-1 PM the clients do whatever activity they have chosen for the day. From 1-2 PM we go over each client's individual goals and checklists to see how they did that day. From 2-3 some client's go home so we make sure they get on the correct rides home and document the time they leave, once again for billing purposes. From 3-7 PM the clients who stay get to participate in other activities they get to choose from. On the days I leave at noon, I do the same things I just head out when they are eating lunch.
<u>Recommendation:</u>	I would recommend this internship to other students. It is a great program and it really allows you to take responsibility and counsel in a small setting. I would think it would be great counseling experience for anyone wanting to go to graduate school for a counseling program.
<u>Take Away:</u>	I have learned a lot at this internship including how to run small efficient activities in groups, how to maintain client confidentiality, how to document incidents, make ISP's (Individual Service Plan), and it is my first experience with counseling, so I am happy that I was able to learn how to be an effective counselor.

<u>Tips for Success:</u>	Some tips for working at this organization are being on time, being organized, taking the time to plan activities before going into work, and being dedicated to helping and going above and beyond for clients.
<u>Comments:</u>	I think this internship would be good for students who want counseling experience and have worked with children in the past, but maybe want to try something new.

<u>Internship Description</u>	
<u>Organization:</u>	CASA and Pelham Pals
<u>Contact Person:</u>	LaDonna Bridges
<u>Dates of Internship:</u>	End of August to December 14 th
<u>Internship Schedule:</u>	Mondays 12:30pm-6:30 Tuesday 12pm-4pm (schedule varied, did about 10 hour/week)
<u>Application Process:</u>	I was a mentor for Pelham Pals for 2 years. I applied by contacting LaDonna Bridges. The materials required was a cover letter, a resume, and talking to her. I suggest you apply to be a mentor for a semester before running it because it would be a lot easier to make sense of the internship role.
<u>Daily Work:</u>	I had to come up with a plan for each meeting. This included researching ideas, organizing, ordering food, budgeting, and making a lot of spreadsheets and documents. I traveled to pick up materials for the meetings. I took attendance and calculated percentages of students who did/did not show. I touched base with Yemi to come up with new ideas. I was responsible for creating the description, and application, along with the flyer, to market it. I also did all the interviews, hiring, and training for the mentors. It was a lot of movement in terms of leaving CASA, and campus for different tasks. I held weekly meetings with the mentors and mentees, and we would do activities, games, and have conversations relating to college possible. Meetings were very successful, and that is what makes a successful program.
<u>Recommendation:</u>	I think this would be a great place for someone to apply. I think that it was great that this internship position was specifically created for Soc/Crim majors. I would recommend this to someone who is interested in working in education of some sort. I would recommend you educate yourself on the population of people you are working with and take the time to learn the impacts of afterschool programs for low-income communities.
<u>Take Away:</u>	Major lessons I will take from this is the power of conversation and effective communication. I realize the importance of organization. I learned how high-level energy and high expectations along with encouragement aids in student success. The presence of positive adult-role models can lead young students to be more self-sufficient.
<u>Tips for Success:</u>	I would start looking for your mentors early. Reach out to all different departments and make sure the positions are being marketed to all students/ commuters/ residents/etc. Also, I would think about your

	budget beforehand when planning. Apply for more funding and hopefully the grant I applied for will go through. Use the money you have! Do something different every time. If the mentees are not connected to the material, they will not take away much.
<u>Comments:</u>	I think that this is particularly useful for those interested in education, or positions similar to working with student success. I think that being an academic counselor, or guidance counselor, would be a good next step after taking on this role. CASA is committed to student achievement and I could see myself working in a similar role.

<u>Internship Description</u>	
<u>Organization:</u>	Department of Children and Families
<u>Contact Person:</u>	Sherry Szczawinski
<u>Dates of Internship:</u>	Septemeber 2019- December 2019
<u>Internship Schedule:</u>	Every other Tuesday 9 AM-5 PM and every Thursday 9 AM-5 PM
<u>Application Process:</u>	I learned about this internship through a family member. They gave me Sherry's contact information and I emailed her about my interest in interning for DCF. I first had a brief phone interview followed by an in-person interview. I brought my resume and a list of references. Sherry asked me some questions then asked me to read a scenario and write about it. I suggest to anyone applying at this agency to express your willingness to learn and interest in the well-being of kids.
<u>Daily Work:</u>	Every day is different at DCF so I was able to experience and learn a lot about this field, how it works, and ways to be a successful/effective social worker. I received lots of hands-on experience in different aspects such as working with the court system, attending important meetings, and home visits. I also had gotten to work with various units like investigation/screening, adolescence, adoption, and family resources. I was able to enter my own dictations, call agencies for referrals, and even supervise a visit.
<u>Recommendation:</u>	I highly recommended students apply to DCF for an internship because as I mentioned, you get experience in a variety of aspects. I believe this is a good internship for those who unsure of what they would like to do in as a career.
<u>Take Away:</u>	During my time at DCF, I have learned how to work as a team, communicate effectively both verbal and written, practice self-care, and the importance of networking and always treating clients with kindness/respect in order for them to buy-in.
<u>Tips for Success:</u>	I suggest students always ask their supervisor questions and volunteer yourself for anything offered such as removals, home visits, emergency screenings, etc.
<u>Comments:</u>	N/A

<u>Internship Description</u>	
<u>Organization:</u>	Department of Children and Families
<u>Contact Person:</u>	Sheila Fitzgerald- area program manager
<u>Dates of Internship:</u>	September 4 th 2019-December 12 th 2019
<u>Internship Schedule:</u>	Tuesdays 9am-5:00pm, The Tuesdays that I had internship class I went 1:00-5:00pm and every Thursday 1:00-5:00pm
<u>Application Process:</u>	I learned about this internship from the internship fair in McCarthy last spring. I applied by just emailing my resume and cover letter to Sheila after speaking to her about my inquiry. I would suggest to call and have your resume ready to go when you call.
<u>Daily Work:</u>	I did a lot of writing. You have to basically document everything you do whether it was a home visit, court, an important phone call, it all has to be noted. Each week I went with my supervisor to a home visit. I interviewed clients as well
<u>Recommendation:</u>	I would recommend this internship if you are interested in social work when you graduate. It's a great experience if you're interested with working with families and kids. I would not recommend it if you feel like you would get easily upset at seeing harsh living conditions.
<u>Take Away:</u>	A major skill I learned is how to approach people based on their specific needs and conditions.
<u>Tips for Success:</u>	There are a lot of policies and regulations so don't be afraid to ask questions! Be willing to branch out and go into other units in the department and work with other supervisors to learn more.
<u>Comments:</u>	It's useful for those interested in becoming a social worker or for people who want to do something with kids or families but aren't exactly sure what yet.

Internship Description

Organization: Department of Children and Families in Framingham

Contact Person: Sheila E Fitzgerald, LICSW Department of Children and Families Area Program Manager, sheila.fitzgerald@state.ma.us (508) 424-0145

Dates of Internship: September 2019--December 2019

Internship Schedule: I usually worked every Friday 9am - 5pm some days I would come in as early as 8 am for home visits or 72 hour hearing and some days I would stay as late as 6pm - 6:30pm for home visits and emergency removals.

Application Process: I learned about this internship by calling the Framingham DCF office and inquiring information about available internships. I applied after I spoke to Sheila Fitzgerald who asked me to email her my cover letter and resume. They suggest you have a car or available transportation for the days you are interning and you must have your license. You need to jump on top of this internship fast as they only hire a few students. Ask questions at your interview and bring extra copies of your resume to the interview.

Daily Work: I usually made collateral calls for our investigation. I interned under an investigator so we would go to the home and interview the family and gather a lot of information. After an interview I would write up the narrative for one of the family members. It's a lot of writing. I would also help with emergency removals. Towards the end I was given the task of concluding an investigation and deciding whether DCF was going to get involved fully or not. I wrote a lot in the iFamilynet software and learned how to navigate it. They give you a lot of responsibilities.

Recommendation: I would recommend this internship because I learned a lot from it and decided this is the field of work I want to go into. Everyone in the office was supportive always helping me learn new things. It is a lot of typing at a computer so if you aren't into that I wouldn't do it. I found this beneficial and a good way to get your foot in the door.

Take Away: I learned how to become confident in uncomfortable situations. I learned how to talk on the phone with complete strangers and ask a lot of questions to get the information needed. I learned how to use a software that is used across all DCF offices. I learned to ask for feedback on what I could do better and I learned to always remember the little details because they are important in lines of investigation.

Tips for Success: Be open to constructive criticism. Ask questions, a lot of questions and take notes. Be eager to help don't sit on your phone, offer to do things and ask what you can help with. Don't be shy, talk to everyone and make connections. Ask for feedback and take the feedback and let them know if you are planning to continue your career at DCF they will help you out!

Comments: I guess this internship is helpful if you are looking to do social work. You work closely with troubled families, you have to be a people person and especially like kids.

<u>Internship Description</u>	
<u>Organization:</u>	Charlotte A. Dunning Elementary School. Framingham Ma
<u>Contact Person:</u>	Sandra Shaw FSU fields study coordinator, Kathleen Flaherty SP at Charlotte A. Dunning
<u>Dates of Internship:</u>	September 13, 2017 to December 13, 2017
<u>Internship Schedule:</u>	Wednesday's and Thursday's 8:30-12:30, occasionally Mondays 8:30-12:30
<u>Application Process:</u>	I was assigned this placement for my field Study 3, from FSU field study coordinator, Sandra Shaw. I applied for this by passing my required MTELs as well as field 1 and field 2. This school was a pleasure to intern at, I highly suggest that more field study students are sent to this school. I suggest that future field study students at Dunning get as involved as possible, I learned more from being involved in not only the classroom but with the students and the school.
<u>Daily Work:</u>	In the begging, I would just observe the classroom, students and teacher, and assist the teacher or students if needed. As time went on my SP gave me more opportunities and responsibilities. I had the opportunities to do numerous math and reading lessons with the students, running reading records, and I would help students who needed more assistance with their work one on one.
<u>Recommendation:</u>	I would highly recommend this placement. The faculty was more than welcoming and helpful. My SP was great. She was always allowing me opportunities to do more. She was very encouraging and gave me great feedback and advice.
<u>Take Away:</u>	I will take a lot away from this experience. For example, my SP has taught me many skills, and lessons that will help me when I have a classroom of my own. She taught me to be as involved in the students lies as possible, for this creates a bond and a trust, and when students trust their teacher, they feel more comfortable. She also taught me how giving teachers have to be. There are many students in my field study that come from high poverty families. My SP goes out of her way to have snacks, supplies and more available to those students, and to all the students, so no one feels left out or falls behind.
<u>Tips for Success:</u>	Once again I suggest that future field study students at Dunning try to be as involved in the school community as possible. And, that they show up wanting to learn more.

<u>Internship Description</u>	
<u>Organization:</u>	Framingham District Court, Probation Office
<u>Contact Person:</u>	Elisa Currie, Probation Officer
<u>Dates of Internship:</u>	9/11/19 – 12/11/19
<u>Internship Schedule:</u>	Mondays and Wednesdays 8:30-1 pm with some makeup days on Fridays 8:30-1pm.
<u>Application Process:</u>	I learned or got this internship by applying for a different internship at the juvenile court in Framingham. My hours did not work for them unfortunately by they had me follow-up over at the Framingham District Court where help was needed. I called to set -up interview and went from there. I needed to get. Cori-check, resume, and references. They are sort of short-handed over there so any student in the future would just have to go in and ask about any internship opportunities. They will probably be more than happy to have the help.
<u>Daily Work:</u>	The typical work was dealing with intakes after arrests which are filling out personal and financial information so the case could be prepared. Find warrants when needed or pull forward court cases. Answer phone calls and help answer any questions. Sit in the court room to update court records or provide information to the judge or attorneys. Some organizational help as well.
<u>Recommendation:</u>	I would most defiantly recommend this to students to look into. Everyone was very welcoming and were very helpful when I had questions. You get to learn a lot about how the judicial system works and runs. You also get to gain experience working with different personalities.
<u>Take Away:</u>	From this internship I became familiar with what responsibilities are needed from probation officers. Including terms of release, keeping updated personal information, and drug/alcohol testing. I've earned problem-solving skills and working with different individuals. As well as improving on my communication and organizational skills.
<u>Tips for Success:</u>	To be successful don't be afraid to ask questions if you have them. They rather you do it right then not ask and do it wrong. Always be attentive and jump in before they have to ask you.
<u>Comments:</u>	This internship is especially good for anyone who may want to be a lawyer or probation officer. It is also very helpful to anyone in the criminal justice field to learn how the system works and what is expected.

<u>Internship Description</u>	
<u>Organization:</u>	Genesis Counseling Services Inc.
<u>Contact Person:</u>	Lisa Robideau – President and Clinical Director Janet Horne – Administrative Director
<u>Dates of Internship:</u>	September 2019 – December 2019
<u>Internship Schedule:</u>	Mondays: 5:00 PM – 9:00 PM Thursdays: 12:00 PM – 6:00 PM
<u>Application Process:</u>	I learned about this internship from my former academic advisor Dr. Martel Pipkins. I applied for it by calling the agency – I spoke with Lisa and Janet and told them that I was interested in completing my undergraduate internship at Genesis Counseling. I then emailed Lisa and Janet my resume – they did not ask for a cover letter... Once they received my resume and took a look at it – we scheduled a date and time for the interview. The interview was probably only 15 minutes and they asked me to provide them with some background information about who I am and why I am interested in the substance use field. So the only required materials were my resume and three references. Once they got in contact with my references I received a phone call from Janet telling me that they would love for me to complete my undergraduate internship there. I suggest that students looking to apply in the future bring extra copies of their resume in a folder and prepare several questions in a notebook ahead of time. Preparing questions and taking notes was helpful because it showed them that I was prepared and that I am very interested in the undergraduate internship position.
<u>Daily Work:</u>	My duty as a Bachelor’s Level Intern was to observe treatment and Driver Alcohol Education (DAE) groups, attend Team Staff meetings, input data into the state system, score Adult Substance Use and Driving Surveys (ASUDS), and file paperwork. I interacted with clients, licensed mental health counselors, licensed alcohol and drug counselors, fee for service clinicians, and the afternoon and evening office manager.
<u>Recommendation:</u>	I recommend this internship placement to future students. The workspace is busy, friendly, high energy, supportive, and encouraging. I have experienced positive interactions with my colleagues and clients. My colleagues are kind, supportive, open-minded, and encouraging individuals. Their compassion and caring for others, especially clients is obvious. As a whole, my knowledge regarding addiction has increased a lot and this experience has made me really realize that I would love to be a substance use clinician in the future.
<u>Take Away:</u>	The major skills that I took away from this internship placement were creating and maintaining boundaries, protecting client confidentiality, asking for help when needed, and becoming familiar and gaining a greater understanding of substance use services.

<p><u>Tips for Success:</u></p>	<p>A suggestion would be to try your hardest to refrain from becoming emotionally attached to clients and learn how to say “no” and create and maintain boundaries. Also, whenever you are given an opportunity to take part in a task – say yes because it will be a learning experience. If you lack empathy and can be judgmental this is not the right internship placement for you – a negative attitude will not lead to success at this organization.</p>
<p><u>Comments:</u></p>	<p>The internship would be especially useful for students who are interested in working with at-risk individuals, specifically those struggling with substance use disorder. I think this internship placement would be most beneficial to criminology, psychology, and sociology majors and students who are interested in counseling.</p>

<u>Internship Description</u>	
<u>Organization:</u>	Genesis Counseling Services
<u>Contact Person:</u>	Janet Horne 508-620-2992
<u>Dates of Internship:</u>	9/6/2017-12/13/2017
<u>Internship Schedule:</u>	I typically worked 5-9 PM on Tuesday and Wednesday. Occasionally I would come in earlier, or I have done 4-8 PM on Wednesday's early in the semester when the OUI group was still in session.
<u>Application Process:</u>	I found the internship position while looking at Ramtrack. I applied last January for the position this Fall by email as the listing suggested. I talked back and forth with Lisa Robideau and eventually set up an interview for April 14 th 2017 to discuss the position further and meet with Janet Horne as well. I was given some background on Genesis while I also shared some background on myself and my goals for school and the internship. For the application process I would suggest being yourself, confident and organized when meeting Lisa and Janet for the interview process and contacting them by phone and email.
<u>Daily Work:</u>	I did clerical work until the groups would begin around 7 PM. I would score ASUD (Adult Substance Use and Driving Survey) and enter them into the SAAM computer software, enter intake/ evaluations and enrollments of new clients into the database, as well as dis-enroll clients who have either completed their course, dropped out, or left Genesis for other reasons. I also would create and organize note cards of new clients contact information and file them, as well as mark them when the file was destroyed after 7 years of being inactive. During the groups, I would assist the clinician with things such as handing out papers, writing on the board, and mainly observing the group- how the members operated as well as how the clinician ran the group. I would discuss the group after with the clinician.
<u>Recommendation:</u>	I would suggest anyone interested in counseling of any sorts would apply because though I am not directly interested in substance abuse counseling, rather more so in school counseling, it gave me an opportunity to see a diverse population in a counseling setting with age, sex, race, ethnicity, and what brought them to Genesis. I also got to view different clinicians

<u>Take Away:</u>	I think Genesis Counseling Services showed me the importance of being open minded when it comes to new opportunities, because I learned a lot about myself through the position I was given where I thought I would never catch on to the computer data entry, or be too shy in a group, but I have found that I have progressed as an intern over the semester and that
	this experience will always still with me if I decide to move onto counseling as a career.
<u>Tips for Success:</u>	Be organized, punctual, open minded, a team player and positive.
<u>Comments:</u>	Sociology, criminology or psychology majors would probably suit this position best.

<u>Internship Description</u>	
<u>Organization:</u>	Holliston Police Department
<u>Contact Person:</u>	Sergeant Glenn Dalrymple
<u>Dates of Internship:</u>	9/4/2019 – 12/4/2019
<u>Internship Schedule:</u>	Mondays and Wednesdays 7:00 am – 12:00 pm
<u>Application Process:</u>	1) I learned about the internship opportunity through my step-dad who is a firefighter in Holliston, 2) I applied to the internship by emailing Sergeant Dalrymple and asking to formally meet in person and talk about the internship experience within the police department, 3) materials required for my application included a submission of a cover letter and a resume geared towards the position, 4) Suggestions for students looking to apply include creating a cover letter and resume, showing interest in the internship by following up with the Sergeants or Lieutenants within the department, dressing professionally, and staying off my phone while at my internship.
<u>Daily Work:</u>	I rode in the patrol cars with the police department, responded to medical calls and suicide calls, responded to car accident sites, visited the court house in Framingham, patrolled with the detective unit, visited breaking and entering scenes, learned how to dispatch
<u>Recommendation:</u>	I would only recommend this internship to people who are positive that they want to be a police officer. It is a commitment that can become very negative and draining if there is only partial interest in the career. If someone does want to become a police officer, being an intern in a department and leaving a lasting impression can create positive relationships with higher ranks and help interns gain employment within a department after the internship is over.
<u>Take Away:</u>	Police departments are hard to earn a place in and even harder to keep. I have learned how to successfully evaluate a crime scene and how to de-escalate high stress situations. I have also learned that most police officers that are successful are alpha males/females, and only people with a certain type of personality can make it in the environment created within police departments.
<u>Tips for Success:</u>	Dress well, present yourself well through your words, ask a lot of questions, do not call out, show up on time, be respectful, act interested, listen when they are speaking to you

<u>Comments:</u>	This internship would be useful for criminology or sociology majors looking to join law enforcement in the future, but it would not be useful for a psychology major looking to become a substance abuse counselor, due to the fact that there is not a lot of interaction with serious crime and criminals as there might be within a city setting. One time at my internship, we had to respond to a call about goats in the middle of the road that were worrying neighbors. So, this internship would also work well for people who are looking to be small town police officers, but it would not be a good internship for people looking to be city police officers.
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<u>Internship Description</u>	
<u>Organization:</u>	Johnson Elementary School
<u>Contact Person:</u>	I was assigned to my placement through the education department at Framingham State. I wrote my application back in February and submitted it to Sandra Shaw, who then obtained a placement for me for this semester.
<u>Dates of Internship:</u>	Start Date: September 11 th , 2017 End Date: December 11 th , 2017
<u>Internship Schedule:</u>	Mondays: 7:30-2:30 Wednesdays: 7:30-11:30
<u>Application Process:</u>	I learned about my internship through Framingham State. I found out that I could pair my Field III experience with my internship, meaning that my time spent in an elementary classroom could also count as my internship. From there, I went through the motions of applying for my field placement by writing my application letter. All I had to do was write this letter and turn it into Sandra Shaw, and the rest would be done for me by the education department. From there, once I was assigned to a school I had to fill out a CORI check and get fingerprinted before I could begin my hours. My suggestions for students looking to apply for this is to 1. Get you application letter done ASAP because it is more time consuming than you think, and tuning it in to Sandra Shaw can be difficult and 2. To get your fingerprinting done early because it takes a while for them to be sent to the school you will be working with.
<u>Daily Work:</u>	Typically, while at my internship I helped in the classroom in any way that I could. I helped with lesson prep, with classroom management, and with lesson progression. During individual work, I would circulate around the room to monitor the students work and to answer any questions that they may have had. I would run errands for my supervising practitioner when she needed to stay in the classroom. I also taught some of my own prepared lessons to the classroom, and from there helped the students when they needed it. Lastly, I often read aloud to the students during their read aloud time. Mostly, I was there as a helping hand in the classroom and as someone there making observations that I could add to my future teaching skills.

<p><u>Recommendation:</u></p>	<p>I would recommend this internship to education majors because by spending so many more hours than usual in a classroom you can learn so much more. For education majors, it can often be hard to learn a lot in our field experiences because we don't get to observe a lot of different things. Typically, we spend three to six hours in the classroom for only one day out of the week, and every time we are there we see the same routine. So, if we are not there on various days of the week, we can miss a lot of important aspects that are important to our learning. By <i>having</i> to be there for so many hours, we were forced to make room in our schedules for more than one day. Being there two days a week this time around taught me a lot more about time management skills, lesson preparation, and lesson progression. I also got to see how easily it was for the students to lose focus as the week progressed or when half days came around. I learned more about my students' interests and learning needs, and therefore could cater my lessons to them more. I got to observe my supervising practitioner more closely and more often, and because of this I learned so much about what to do and what to do in a classroom setting. I think that this can be a valuable internship for anyone who is also pursuing a career in teaching because the time spent in the classroom is rich and more helpful than any other field experience.</p>
<p><u>Take Away:</u></p>	<p>I think that the most important take away I received from this internship was that it is not the job I want to do for the rest of my life. Going into it, I was not sure if teaching was still the right career for me, but after spending so many hours in a classroom this semester I now know for sure that it is not. I learned through this experience that I don't think being a classroom teacher is a good fit for me. However, some positives that I received from this placement include: time management, classroom management, and lesson preparation. I had to be very mindful of how I spent my free time this semester because so much of my time was spent at my placement or in class. So, I utilized the prep time I had at my placement to stay on top of my assignments. Had I not used this time wisely, I feel as though I would have fallen behind in my studies. Also, I learned a lot more about lesson planning and lesson prep through my placement because I had to plan so many lessons for the class. I received a lot of feedback and guidance from my SP when writing my lessons, and because of that I truly believe my lessons have gotten stronger this semester. Lastly, I learned a lot about classroom management during this placement. My SP left me alone in the classroom often, and therefore I had to make sure the students were on task and quiet. I learned many new strategies to get my message across to the class without sounding too harsh. Soon, the students began to respect me, but it took some time to get to this point.</p>

<p><u>Tips for Success:</u></p>	<p>For future student, I think that the best advice I can give is to stay on top of your additional assignment throughout the semester. I often felt that my internship took priority over all, and because of that I found myself scrambling to finish assignments for other classes the nights before they were due. I would also advise other students to take care of themselves. Having an internship on top of being a full-time student can be hard and can take a lot out of you, so it's important to stay healthy. However, I'd also inform them that having an internship is rewarding and exciting because it gives you an idea of what life outside of college is going to look like.</p>
<p><u>Comments:</u></p>	<p>I think that this internship is especially useful for education majors specifically. It caters to their learning needs and to their other classroom requirements. It teaches you a lot of valuable lessons about teaching and about being in a classroom, and I think that these experiences cannot be acquired through any other kind of internship.</p>

<u>Internship Description</u>	
<u>Organization:</u>	Francis J. Kane Elementary School
<u>Contact Person:</u>	Kalliope Pantazopoulos
<u>Dates of Internship:</u>	September 2017- December 2017
<u>Internship Schedule:</u>	Monday- 8:30-3:00 Wednesday-8: 30-3:00 13 hrs. a week
<u>Application Process:</u>	I heard about and applied for this position through the Education Department. The materials required for this application was my GPA and my interest in town/city, and grade level. Suggestion to students applying in the future is to make sure they apply to a field that they wouldn't want to student teach in.
<u>Daily Work:</u>	I taught and prepared lessons to teach to the whole class. Every time I went I always led a math group. I also took over as sub when my SP was out. I often times also helped my SP with grading and helping students with their classwork.
<u>Recommendation:</u>	I would definitely recommend this placement to other students in the future. My SP was the most helpful SP I have had throughout my placements. I would also recommend this school because it was a very diverse yet tight-knit community.
<u>Take Away:</u>	I will definitely take away how thoughtful each of the students in my class was. They really helped me learn and strive to become a better teacher. I will also take away how much I learned in this class. I was able to see Sheltered English Immersion being used in the classroom and that was very helpful for me as I was taking this class at the same time, so I was able to use what I was learning in the classroom.
<u>Tips for Success:</u>	I would definitely suggest to future students who are hoping to intern at this school to try and make connections with both the principle and the vice principal. Making connections in the school will help later on down the road when trying to find a job. Everyone at this school is very welcoming so putting yourself out there at first is important.
<u>Comments:</u>	This internship was very helpful for me to complete both my Sociology internship as well as my Education internship.

<u>Internship Description</u>	
<u>Organization:</u>	Kohl's Loss Prevention Department
<u>Contact Person:</u>	Jaclyn Tenanes, District Loss Prevention Manager
<u>Dates of Internship:</u>	Start: September 2019 End: December 2019
<u>Internship Schedule:</u>	One 8-hour shift weekly. Wednesdays 12:00pm-8:00pm
<u>Application Process:</u>	My internship was provided through the company I was already employed to full-time. I found this job opportunity on Indeed while searching for a job opportunity that would expose me to more criminal-like behaviors and involved working with the PD to help benefit my future. To get the internship, I reached out to my District LP manager and she was able to assign me additional tasks for the duration of my internship.
<u>Daily Work:</u>	My job was and is to protect company assets whether it'd be externally through shoplifters or internally through employees. For my internship, for 8 hours a week I was responsible for another store that lacked coverage. On top of protecting assets of another location I was responsible for partially training new LP officers. Conducting audits and walking multiple stores making sure product is protected and policies are being executed.
<u>Recommendation:</u>	If a future student is interested in working in law enforcement, I think working in loss prevention is one of the best employment opportunities you can take. It exposes you to criminal activity, getting to see the activity and identify the behaviors. As well as confronting criminals and getting them to do things they may not want to do. And partnering with local law enforcement to prosecute shoplifters involving but not limited to report writing and testifying in court.
<u>Take Away:</u>	Biggest thing I can take-away from this job is the confidence in confrontation. Confronting a criminal in the act of breaking the law and getting them to listen to your verbal demands without having to use force.
<u>Tips for Success:</u>	Stay focused, stay consistent, don't make mistakes, and communication with the store side is key!
<u>Comments:</u>	If a future student is interested in working in law enforcement, I think working in loss prevention is one of the best employment opportunities you can take. It exposes you to criminal activity, getting to see the

	activity and identify the behaviors. As well as confronting criminals and getting them to do things they may not want to do. And partnering with local law enforcement to prosecute shoplifters involving but not limited to report writing and testifying in court.
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<u>Internship Description</u>	
<u>Organization:</u>	Massachusetts State House, Senator Becca Rausch's Office
<u>Contact Person:</u>	Chief of Staff, Caroline Sherrard caroline.sherrard@masenate.gov
<u>Dates of Internship:</u>	Wednesday September 4 – December 4
<u>Internship Schedule:</u>	Monday 10:00am-4:00pm & Wednesday 10:00am-4:00pm
<u>Application Process:</u>	I found the internship on Natick MA Facebook page. I applied by sending my resume and cover letter to the contact info in an email. A hint is to write out a thought cover letter related to the Senator's policies.
<u>Daily Work:</u>	Duties included attending hearings and events, answering emails and phone calls about bills, dealing with the press (phone calls, emails, press releases), helping schedule events for Veterans Day/Labor Day/December/Other, meeting with representatives from supportive organizations, etc. I also worked on creating content for our hearing on Community Immunity, such as the immunization map, data of 7/12 graders, fact sheets, posters and social media.
<u>Recommendation:</u>	I would definitely recommend this internship to other students. Every single day there was different from the previous day. I also got to work on many different kinds of projects and learn about a variety of different laws, policies and social justice issues.
<u>Take Away:</u>	A major skill that we practiced every day was on dealing with opposition and negative remarks. Since we were working on a bill that not everyone supported, we would receive feedback that at times was hurtful. Also a another skill that I have gained is how to reorganize which item is the top priority. There were always shifting deadlines, last minute changes and new projects so we constantly ranked items.
<u>Tips for Success:</u>	Look into the Senator or Rep that is looking for the internship. All of the members are looking for different candidates based on their policies and needs. This will also help you with figure out what kinds of things you will be doing during the internship. My Senator was working on a immunization bill so I did a lot of work with that.

<u>Comments:</u>	The internship would be great for other sociology majors, as well as political science majors. Depending on what bills are in the process of being heard/processed, other majors would also find the internship useful. During my internship there was also a public health and law interns there.
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	<u>Internship Description</u>
<u>Organization:</u>	Massachusetts State Police Worcester County Detective Unit
<u>Contact Person:</u>	Jani Ricci, a human resources representative with the Massachusetts State Police.
<u>Dates of Internship:</u>	September 2019 - December 2019
<u>Internship Schedule:</u>	I typically worked 8 hours each week every Friday 9:00 AM to 5:00 PM.
<u>Application Process:</u>	I learned about the internship by reading about it online, and I applied through the mail. I had to submit an application, a resume, a letter of recommendation, a cover letter, and my transcript.
<u>Daily Work:</u>	I did administrative work in the office and filed paperwork. I also watched videos and listened to audio recordings and generated reports. I also created case reports, and occasionally assisted detectives in crime scene investigations.
<u>Recommendation:</u>	I would definitely recommend this internship to future students especially students interested in a career in law enforcement or legal work. It looks great on a resume and allowed me to gain an insight into a field I had no prior experience in.
<u>Take Away:</u>	I gained an insight into the nature of police work, and specifically how detectives go about solving cases. I learned how case documents are organized, and how evidence is documented and stored.
<u>Tips for Success:</u>	I would suggest that a future intern prioritize dressing professionally and acting professionally at the internship. I would also recommend getting to the detectives who work there it will make the internship go very well.
<u>Comments:</u>	I think that interning with the state police is a great experience for students interested in a career in law enforcement, or with students who are criminology majors.

<u>Internship Description</u>	
<u>Organization:</u>	Massachusetts State Police, K-9 Unit
<u>Contact Person:</u>	Mail to headquarters in Framingham to Student Internship program, application can be found online.
<u>Dates of Internship:</u>	August 15, 2017 through December 12, 2017
<u>Internship Schedule:</u>	Unit is Flexible schedule, Tuesday is the training day can be in the morning, but most times are at 3 or 4 o'clock. Office day when is needed.
<u>Application Process:</u>	I learned about this internship from someone I know who works there. You go onto their website or type in MSP internship and the application should pop up. You have to go through and see the requirement there are a few. MSP has a lot of different fields, and you are looking to travel and learn a lot then this could be the right place for you.
<u>Daily Work:</u>	The work I did was helping set things up, office works, help out this various tasks. But most of the time you watch and ask question and learn more about how the dogs work and how to teach dogs in general
<u>Recommendation:</u>	This may not be for everyone. You can be scared because they will protect you and need to trust the handler. They don't put you in any dangerous situations. I would recommend this group if you love dogs and in the future want to be working as a K-9 officer.
<u>Take Away:</u>	I have taken way more information and ways to handle a dog better. I could never see reason why people want to get bite by a dog it's crazy.
<u>Tips for Success:</u>	Learn from the men and women on the force because they will teach you a lot. Also you need to make sure you listen to what they tell you because it will be beneficial; you take a lot of information with you.
<u>Comments:</u>	Yes if you are looking at pursuing a career in law enforcement K-9 unit I would recommend see if it is for you.

<u>Internship Description</u>	
<u>Organization:</u>	Memorial Elementary School, Milford, MA
<u>Contact Person:</u>	Sandra Shaw, head of the education department. Hilda Johnson, Supervising Practitioner, Second Grade Teacher.
<u>Dates of Internship:</u>	9/11/17-12/13/17
<u>Internship Schedule:</u>	Monday and Wednesdays, 8:30-3:00.
<u>Application Process:</u>	I learned about this internship through my education professors. Each year we are advised through Sandra Shaw to apply for each field study, and this internship is field study three. In order to be in this field study you must have taken field one and two and have passed the communications and literacy MTEL and taken the required education courses. For anyone applying in the future I suggest to pick a grade level you do not want to student teach in, that way when student teaching rolls around you get your preferred grade level. I also suggest staying on top of your MTEL's and trying to pass them as soon as possible!
<u>Daily Work:</u>	The work I did throughout this experience was observing lessons, creating portfolios, assisting students and teachers, leading small groups, creating lesson plans that met diverse needs, teaching lesson plans, creating a unit, and being able to adapt to students' needs.
<u>Recommendation:</u>	I would definitely recommend this internship to other students. If your coordinate is education this internship will be beneficial and a learning experience.
<u>Take Away:</u>	I will take away how to be a better teacher. This internship taught me how to lead and manage a classroom, ways to adapt lesson plans to students, how to teach different lessons, and it allowed me 300+ hours of experience in a classroom. It also allowed me to work with diverse students and to work with different staff members.
<u>Tips for Success:</u>	For a successful internship at a school I would suggest going in open-minded and willing to break out of your comfort zone. Also being open to constructive criticism, feedback, and other ways of improvement from faculty.
<u>Comments:</u>	Make sure to have professional clothing and can act in a professional manner.

Internship Description

<u>Organization:</u>	MetroWest YMCA/ schools' out at Hemenway Elementary
<u>Contact Person:</u>	Sally Weitzer
<u>Dates of Internship:</u>	9/17/2019-12/13/2019
<u>Internship Schedule:</u>	Monday 3-6pm Wednesday 3-6pm 11-12pm (for supervision worked on the curriculum) Friday 3-6pm
<u>Application Process:</u>	Professor Sanchez-Connally introduced me to the internship opportunity I needed to complete a background check
<u>Daily Work:</u>	Pick students up at their classes and bring them to the cafeteria for snack and afterwards just do what was on the schedule for that specific group. On Fridays I conducted a social skills group with a group of six kids. Met on Wednesdays' 11-12 for supervision to talk about how the internship is going and to work on the curriculum for the social skills group.
<u>Recommendation:</u>	I would highly recommend this internship site to other students.
<u>Take Away:</u>	I learned how to lead elementary school students and grasp their attention to follow and listen to what I say.
<u>Tips for Success:</u>	Be intentional with your duties the kids will be able to tell and the counselors will be able to tell too.

<u>Internship Description</u>	
<u>Organization:</u>	Riverside Community Care
<u>Contact Person:</u>	Supervisor, Nora Kenny-Houser
<u>Dates of Internship:</u>	August 12th- December 4th
<u>Internship Schedule:</u>	In August I interned twice a week 9-5, In September/October/November/December my schedule was Monday and Wednesday 8-2.
<u>Application Process:</u>	I found this internship on indeed and submitted my resume through the website. The supervisor contacted me via email and we talked about setting up a time to do a phone interview, after the phone interview we set up and in person interview. One tip of advice is if you have not heard from the company you applied to, email the supervisor or director and ask if they had reviewed you resume submission.
<u>Daily Work:</u>	Our internship was focused on doing outreach calls to enroll people into our program. We got hands on experience when we went into the community to do the actual intake, which is when we signed up the person into our program.
<u>Recommendation:</u>	I do and don't recommend this internship. The reason being it is not as hands on as I thought it would be, you are doing a lot of behind the scenes work. I do recommend if you are looking for a more phone call, outreach type of internship.
<u>Take Away:</u>	<ul style="list-style-type: none"> - Perfecting time management skills - Learning how to ask for constructive criticism - Learning how to adapt to working in slower paced office environment - Organizational skills
<u>Tips for Success:</u>	Make sure to keep in constant communication with the supervisor and ask for feedback a decent amount to make sure you are fulfilling her expectations.
<u>Comments:</u>	Helps be able to develop communication skills when talking to people with behavioral and mental health issues, but does not provide enough hands on/in person experience.

<u>Internship Description</u>	
<u>Organization:</u>	Thoreau Elementary School
<u>Contact Person:</u>	Sandra Shaw (sshaw1@framingham.edu) and Rachael Hollander (rhollander@concordps.org)
<u>Dates of Internship:</u>	September 11th, 2017-December 11th, 2017
<u>Internship Schedule:</u>	Mondays from 8am-3:30pm and occasionally Wednesdays from 8am-3:30pm
<u>Application Process:</u>	I learned about this internship through the school because I did it with my field study (education classes). I had to complete an application that included classes and a 1 page letter of my experience in the education field.
<u>Daily Work:</u>	For my internship, I was mainly able to assist the teacher with classroom management and teach lessons. Classroom management included helping certain students with their work and helping them individually. For my lessons, I was able to teach a lesson in social studies, science and math.
<u>Recommendation:</u>	Yes, I would recommend this internship to sociology students who want to work with children. Though I believe they should do it at the school but not with a teacher. Maybe the school social worker.
<u>Take Away:</u>	Walking away from this internship, I have become more comfortable teaching infant of a group of students. I have also learned a lot about my teaching style and who I will become as a teacher.
<u>Tips for Success:</u>	I would advise them to be extremely organized and comfortable with helping students with their schoolwork.
<u>Comments:</u>	This internship site would be most appropriate for students with secondary education or some interest in teaching children one day.

<u>Internship Description</u>	
<u>Organization:</u>	Warren Elementary School, Ashland Massachusetts
<u>Contact Person:</u>	Tricia Kane (2 nd grade teaching/supervising practitioner) Peter Regan (Warren Elementary principal) & Sandra Shaw (FSU student teacher placement official)
<u>Dates of Internship:</u>	Start date: 9/6/17 End date: 12/13/17
<u>Internship Schedule:</u>	Typical hours: (Some days fluctuated) Tuesdays 12:45-3:45 Wednesdays 7:30-12:30
<u>Application Process:</u>	In order to be able to get an internship at a public school, I had to be a field study 3 education major studying Sociology as FSU. The education field study placement as well as the SOCI 495 internship was combined to equal 120 hours.
<u>Daily Work:</u>	I led classroom morning meetings every Wednesday where every child was assigned the title of “morning leader” at least once during the first half of the year. I would help the students lead the morning discussion as well as introduce and monitor the morning greeting. I would create “Daily Edits” which is where I would purposefully make errors in sentences and the students would have to correct the errors. On Tuesdays I taught math lessons and led small group writing workshops. Each day I would engage students in a read aloud.
<u>Recommendation:</u>	I would highly recommend this internship to education majors, and I highly recommend Tricia Kane as an internship supervisor. I learned so much from her, and I felt comfortable enough to make mistakes and learn from someone who is experienced in teaching. Tricia allowed me the opportunity to try any lessons that I wanted and gave constructive, supportive feedback I was willing to hear.
<u>Take Away:</u>	Classroom management, student accommodations, teaching in a diverse classroom and being culturally responsive, crafting lessons
<u>Tips for Success:</u>	Take notes, listen to feedback, allow room for yourself to grow and make mistakes
<u>Comments:</u>	This internship was especially helpful for my major in education as well as Sociology. The students bring their worldviews into the classroom, and knowing how to think like a sociologist allows me to think in a complex, meaningful way; therefore making connections with students.